

## Thursday in the 5th Week of Easter

14 May 2020

### REGINA CÆLI

Joy to thee, O Queen of heaven, *alleluia!*  
He whom thou was meet to bear, *alleluia!*  
As he promised hath arisen, *alleluia!*  
Pour for us to God thy prayer, *alleluia!*

Rejoice and be glad, O Virgin Mary, *alleluia.*  
– For the Lord has truly risen, *alleluia.*

Let us pray. O God, Who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we pray, that with his mother, the Virgin Mary, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

### RITE OF EUCHARISTIC EXPOSITION AND BENEDICTION

The celebrant goes to the tabernacle, places the Eucharist in the monstrance, and places it on the altar. Once the celebrant has reached the front of the altar and kneels, O salutaris is sung by the congregation.

O Saving Victim, opening wide  
The gate of heaven to man below:  
Our foes press hard on every side;  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three:  
O grant us life that shall not end,  
In our true native land with thee. Amen.

### ADORATION

A period of silent adoration and devotion follows, after which the midday office is recited.

### SEXT

### INTRODUCTION

V. O God, ☩ come to my assistance;

R. O Lord, make haste to help me.

V. Glory be to the Father, and to the Son, and to the Holy Ghost.

R. As it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

### HYMN



O God of truth, O Lord of might,  
Who order'st time and change aright,  
Who send'st the early morning ray,  
And light'st the glow of perfect day:

Extinguish thou each sinful fire,  
And banish every ill desire;  
And while thou keep'st the body whole,  
Shed forth thy peace upon the soul.

Almighty Father, hear our cry,  
Through Jesus Christ, our Lord most High,  
Who, with the Holy Ghost and thee,  
Doth live and reign eternally.

## PSALMS

**Ant.** Alleluia, alleluia, alleluia.

### Psalm 73, 1-9

- 1 O God, why hast thou cast us off unto the end: why is thy wrath enkindled against the sheep of thy pasture?
- 2a Remember thy congregation, which thou hast possessed from the beginning.
- 2b The sceptre of thy inheritance which thou hast redeemed: mount Sion in which thou hast dwelt.
- 3 Lift up thy hands against their pride unto the end; see what things the enemy hath done wickedly in the sanctuary.
- 4 And they that hate thee have made their boasts, in the midst of thy solemnity.
- 5 They have set up their ensigns for signs, and they knew not both in the going out and on the highest top.
- 6 As with axes in a wood of trees, they have cut down at once the gates thereof, with axe and hatchet they have brought it down.
- 7 They have set fire to thy sanctuary: they have defiled the dwelling place of thy name on the earth.
- 8 They said in their heart, the whole kindred of them together: Let us abolish all the festival days of God from the land.
- 9 Our signs we have not seen, there is now no prophet: and he will know us no more.

**V.** Glory be to the Father, and to the Son, and to the Holy Ghost.

**R.** As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Psalm 73, 10-17

- 10 How long, O God, shall the enemy reproach: is the adversary to provoke thy name for ever?
- 11 Why dost thou turn away thy hand: and thy right hand out of the midst of thy bosom for ever?
- 12 But God is our king before ages: he hath wrought salvation in the midst of the earth.
- 13 Thou by thy strength didst make the sea firm: thou didst crush the heads of the dragons in the waters.
- 14 Thou hast broken the heads of the dragon: thou hast given him to be meat for the people of the Ethiopians.
- 15 Thou hast broken up the fountains and the torrents: thou hast dried up the Ethan rivers.
- 16 Thine is the day, and thine is the night: thou hast made the morning light and the sun.
- 17 Thou hast made all the borders of the earth: the summer and the spring were formed by thee.

**V.** Glory be to the Father, and to the Son, and to the Holy Ghost.

**R.** As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Psalm 73, 18-23

- 18 Remember this, the enemy hath reproached the Lord: and a foolish people hath provoked thy name.
- 19 Deliver not up to beasts the souls that confess to thee: and forget not to the end the souls of thy poor.

- 20 Have regard to thy covenant: for they that are the obscure of the earth have been filled with dwellings of iniquity.
- 21 Let not the humble be turned away with confusion: the poor and needy shall praise thy name.
- 22 Arise, O God, judge thy own cause: remember thy reproaches with which the foolish man hath reproached thee all the day.
- 23 Forget not the voices of thy enemies: the pride of them that hate thee ascendeth continually.

V. Glory be to the Father, and to the Son, and to the Holy Ghost.

R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Ant. Alleluia, alleluia, alleluia.

CHAPTER, RESPONSORY VERSE

I Cor 15, 20-22

But now Christ is risen from the dead, the first-fruits of them that sleep: For by a man came death, and by a man the resurrection of the dead. And as in Adam all die, so also in Christ all shall be made alive.

R. Thanks be to God.

V. The Lord is risen indeed, Alleluia, alleluia.

R. The Lord is risen indeed, Alleluia, alleluia.

V. And hath appeared to Simon .

R. Alleluia, alleluia.

V. Glory be to the Father, and to the Son, and to the Holy Ghost.

R. The Lord is risen indeed, Alleluia, alleluia.

V. The disciples therefore were glad, alleluia.

R. When they saw the Lord, alleluia.

PRAYER

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

Let us pray.

O God, of Whom it cometh that the minds of thy faithful people be all of one will, grant unto the same thy people that they may love the thing which Thou commandest, and desire that which Thou dost promise, that so, amid the sundry and manifold changes of the world, our hearts may surely there be fixed, where true joys are to be found. Through Jesus Christ, thy Son, our Lord: who liveth and reigneth with thee, in the unity of the Holy Ghost, God, throughout all ages, world without end.

R. Amen.

CONCLUSION

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

V. Let us bless the Lord.

R. Thanks be to God.

V. May the souls of the faithful, through the mercy of God, rest in peace.

R. Amen.

After a further period of silent adoration and devotion follows, the hymn *Tantum ergo* is sung.

Therefore we, before him bending,	Glory let us give, and blessing
This great sacrament revere;	To the Father, and the Son,
Types and shadows have their ending,	Honour, might, and praise addressing,
For the newer rite is here;	While eternal ages run;
Faith, our outward sense befriending,	Ever too his love confessing,
Makes the inward vision clear.	Who, from both, with both is one. Amen.

All remain kneeling when the celebrant stands and says

Thou gavest them bread from heaven. (E.T. Alleluia.)

–Containing in itself all sweetness. (E.T. Alleluia.)

Let us pray.

O God, who under a wonderful Sacrament  
hast left unto us a memorial of thy passion:  
grant us, we beseech thee, so to venerate the sacred mysteries  
of thy Body and Blood; that we may ever perceive  
within ourselves the fruit of thy redemption:  
Who livest and reignest world without end.

– Amen

BENEDICTION

The celebrant blesses all present with the Eucharist. Afterwards, having replaced the Eucharist on the altar, the celebrant will come back in front of the altar and kneel, and lead everyone in the Divine Praises.

Blessed be God.

Blessed be his holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be Saint Joseph, her spouse most chaste.

Blessed be God in his Angels and in his Saints.

Then the celebrant intones the Antiphon to Psalm 117:

**Ant.** Let us adore for ever \* the most holy sacrament.

O praise the Lord, all ye heathen: Praise him, all ye nations. For his merciful kindness is ever more and more towards us: And the truth of the Lord endureth for ever. Praise the Lord. Glory be to the Father, and to the Son, and to the Holy Ghost: As it was in the beginning, is now, and ever shall be: World without end. Amen.

**Ant.** Let us adore for ever the most holy sacrament.

REPOSITION

As the psalm is said or sung, the celebrant replaces the Eucharist in the tabernacle. Having genuflected, the celebrant departs.