# Tuesday 26 January 2021 

Tuesday in the 3rd Week in Ordinary Time
AT 12 NOON, ANGELUS
V. The Angel of the Lord declared unto Mary.
$\mathfrak{R}$. And she conceived by the Holy Ghost.
Hail Mary, full of grace, the Lord is with thee.
Blessèd art thou among women, and blessèd is the fruit of thy womb, Jesus.
Holy Mary, mother of God, pray for us sinners, now, and at the hour of our death.
V. Behold the handmaid of the Lord.
$\mathfrak{R}$. Be it unto me according to thy word.
Hail Mary ... Holy Mary ...
V. And the Word was made Flesh.
$\mathfrak{R}$. And dwelt among us.
Hail Mary ... Holy Mary ...
V. Pray for us, O holy Mother of God.
$R$. That we may be made worthy of the promises of Christ.
Let us pray.
We beseech thee, O Lord, pour thy grace into our hearts : that, as we have known the incarnation of thy Son Jesus Christ by the message of an Angel ; so by his Cross and Passion we may be brought to the glory of his resurrection; through the same Christ our Lord. Amen.

## AT 12.10, MASS

THE INTRODUCTORY RITES

## Greeting

* In the name of the Father, and of the Son, and of the Holy Spirit.


## Amen.

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

## Entrance Antiphon

Ps 96.1, 6
O sing a new song to the Lord;
Sing to the Lord, all the earth.
In his presence are majesty and splendour, strength and honour in his holy place.

## Penitential Act

The priest, deacon, or another minister, says
Let us acknowledge our sins,
and so prepare to celebrate the sacred mysteries.
A brief pause for silence follows.
You were sent to heal the contrite of heart:
Lord, have mercy.
Lord, have mercy.
You came to call sinners:
Christ, have mercy.
Christ, have mercy.
You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

Lord, have mercy.
May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

## Collect

Let us pray.
Almighty ever-living God,
direct our actions according to your good pleasure,
that in the name of your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## THE LITURGY OF THE WORD

## First Reading

Hebrews 6.10-20
A reading from the letter to the Hebrews.
Brothers and sisters: God is not unjust so as to overlook your work, and the love you have demonstrated for his name by having served and continuing to serve the holy ones. We earnestly desire each of you to demonstrate the same eagerness for the fulfilment of hope until the end, so that you may not become sluggish, but imitators of those who, through faith and patience, are inheriting the promises.

When God made the promise to Abraham, since he had no one greater by whom to swear, he swore by himself, and said, I will indeed bless you and multiply you. And so, after patient waiting, Abraham obtained the promise. Now, men swear by someone greater than themselves; for them an oath serves as a guarantee and puts an end to all argument. So when God wanted to give the heirs of his promise an even clearer demonstration of the immutability of his purpose, he intervened with an oath, so that by two immutable things, in which it was impossible for God to lie, we who have taken refuge might be strongly encouraged to hold fast to the hope that lies before us. This we have as an anchor of the soul, sure and firm, which reaches into the interior behind the
veil, where Jesus has entered on our behalf as forerunner, becoming high priest forever according to the order of Melchizedek.
For the word of the Lord,
thanks be to God.

## Responsorial Psalm

Psalm 111:1-2, 4-5, 9 and 10c
$\stackrel{R}{R}$. The Lord will remember his covenant for ever.
I will give thanks to the LORD with all my heart in the company and assembly of the just.
Great are the works of the LORD, exquisite in all their delights. $\mathbb{R}$.
He has won renown for his wondrous deeds; gracious and merciful is the LORD.
He has given food to those who fear him; he will forever be mindful of his covenant. $\mathbb{R}$.
He has sent deliverance to his people;
he has ratified his covenant forever; holy and awesome is his name.
His praise endures forever. $\mathbb{R}$.

## Gospel Acclamation

Eph 1:17-18

## Alleluia, alleluia!

May the Father of our Lord Jesus Christ enlighten the eyes of our hearts, that we may know what is the hope that belongs to our call.
Alleluia!

## Gospel

Mark 2:23-28
The Lord be with you.

## And also with you.

* A reading from the holy Gospel according to Mark.


## Glory to you, Lord Jesus Christ.

As Jesus was passing through a field of grain on the sabbath, his disciples began to make a path while picking the heads of grain. At this the Pharisees said to him, "Look, why are they doing what is unlawful on the sabbath?" He said to them, "Have you never read what David did when he was in need and he and his companions were hungry? How he went into the house of God when Abiathar was high priest and ate the bread of offering that only the priests could lawfully eat, and shared it with his companions?" Then he said to them, "The sabbath was made for man, not man for the sabbath. That is why the Son of Man is lord even of the sabbath."
For the Gospel of the Lord, praise to you, Lord Jesus Christ.

## Prayers of the People

## Greeting of Peace

We are the body of Christ.
God's Spirit is with us.
The peace of the Lord be always with you.
And also with you.
THE LITURGY OF THE EUCHARIST

Taking the paten with the bread, the priest says
Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you:
fruit of the earth and work of human hands, it will become for us the bread of life.

Blessed be God for ever.

Taking the chalice, the priest says
Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you:
fruit of the vine and work of human hands, it will become our spiritual drink.
Blessed be God for ever.

When all is prepared, the Priest says,
Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the Father almighty.

May the Lord accept our sacrifice
for the praise and glory of God's name, for our good, and the good of all God's holy Church.

Prayer over the Offerings
Accept our offerings, O Lord, we pray, and in sanctifying them
grant that they may profit us for salvation.
Through Christ our Lord. Amen.

## The Eucharistic Prayer

The Prayer of Hippolytus
The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give him thanks and praise.
God of holy dreaming,
Great Creator Spirit,
from the dawn of creation you have given your children
the good things of mother earth.
You spoke and the gum tree grew.
In the vast desert and dense forest
and in cities at the water's edge,
creation sings your praise.
Your presence endures
as the rock at the heart of our Land.

When Jesus hung on the tree you heard the cries of all your people and became one with your wounded ones:
the convicts, the hunted, and the dispossessed.
The sunrise of your Son coloured the earth anew, and bathed it in glorious hope.

In Jesus we have been reconciled to you, to each other and to your whole creation.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

## Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Merciful God, we thank you for these gifts of your creation, this bread and wine, and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.
On the night he was betrayed Jesus took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, 'Take, eat. This is my body given for you.
Do this in remembrance of me.'
After supper, he took the cup, and again giving you thanks he gave it to his disciples, saying, 'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension, and looking for his coming again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice
for the sins of the whole world.

Let us proclaim the mystery of faith:
Christ has died.
Christ is risen.
Christ will come again.
Renew us by your Holy Spirit, unite us in the body of your Son, and bring us with all your people into the joy of your eternal kingdom; through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:

Blessing and honour and glory and power are yours for ever and ever. Amen.

THE COMMUNION RITE

## The Lord's Prayer

Let us pray with confidence to the Father
in the words our Saviour gave us:
Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
Deliver us, Lord, we pray, from every evil, graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from $\sin$ and safe from all distress, as we await the blessed hope
and the coming of our Saviour, Jesus Christ.
For the kingdom, the power, and the glory are yours, now and for ever. Amen.
The Priest breaks the bread, saying -
We break this bread to share in the body of Christ.
We who are many are one body,
for we all share in the one bread.

While the bread is broken Agnus Dei is sung -
Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

## Invitation to Communion

Behold the Lamb of God, behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.
Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

All receive Holy Communion. Communion will be administered in one kind only. Communicants are asked to approach the Priest in single file, maintaining physical distance, returning to their places via the side aisles.

Those who are not able to receive the Blessed Sacrament are invited to unite themselves with fesus by making a Spiritual Communion.

## Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and $I$ desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you. Amen.

## Communion Antiphon

John 8.12
I am the light of the world, says the Lord;
whoever follows me will not walk in darkness, but will have the light of life.

## Prayer after Communion

Let us pray.
Grant, we pray, almighty God, that, receiving the grace by which you bring us to new life, we may always glory in your gift. Through Christ our Lord. Amen.

THE CONCLUDING RITES

## Blessing and Dismissal

The Lord be with you.
And also with you.
May almighty God bless you, the Father, and the Son, wand the Holy Spirit.

## Amen.

The Mass is ended, go in peace.
Thanks be to God.

