# The 4th Sunday after Epiphany 28 January 2024

**Acknowledgement of Country**. As a community, we recognise that the church is built and our worship is offered on the traditional lands of the Kaurna people, and close to Tarntanyangga (Victoria Square), which is still an important meeting place for the Kaurna people today. We express our gratitude in the sharing of this land; our sorrow for the personal, spiritual and cultural costs of that sharing; and our hope that we may walk together in harmony, in the spirit of Reconciliation.

A ministry of prayer for healing and wholeness will be offered in the Holy Innocents Chapel during the Communion of the People.

When the bell rings, all stand and sing the hymn

ST PETERSBURG



Creator God, you made this land and gave to us the gift of life.
You wish that we should live as one, but we acknowledge sin and strife.
Let justice everywhere be found,
Let discord end and love abound.

- 2 Your covenants of old stand firm, your ways are faithful, right and just. Bind us together in your love to live and work in growing trust. Strengthen those ties which keep us true to serve each other, serving you.
- 3 Great Spirit in this ancient land, speak in the stillness deep within. Remove all prejudice and fear, give life to all, new hope begin. Then help us gently walk as friends, while on this land your peace descends.

Keith Pearson 1926-2007

## **Entrance Antiphon**

Ps 105.3, 4, 5

The choir sings

Let those that seek the Lord be joyful in heart. Seek the Lord and his strength; call to mind what wonders he has done.

## **Invocation and Greeting**

№ In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The grace and peace of God the Father and the Lord Jesus Christ be with you all.

And also with you.

#### **Penitential Act**

The choir sings

Adapted from a chorale by Johann Crüger

Kyrie eleison. Christe eleison. Kyrie eleison.

The priest, deacon, or another minister says

Dear friends, to prepare ourselves to celebrate the sacred mysteries, let us call to mind our sins.

Silence. Then all say

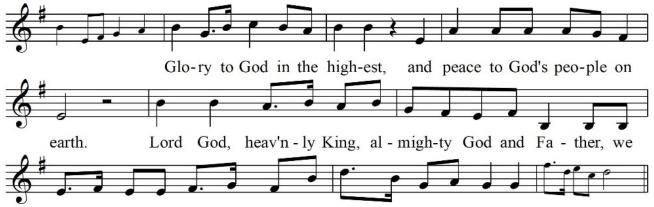
Merciful God,
our maker and our judge,
we have sinned against you in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.

#### The priest says:

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon 

you and set you free from all your sins, strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. Amen.

# Hymn of Praise



wor-ship you, we give you thanks, we praise you for your glo-ry.



## **Collect**

Let us pray.

God of compassion, you have shown us in Christ that your love is never ending: enable us both to love you with all our heart and to love one another as Christ loved us. Grant this through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

THE LITURGY OF THE WORD

# **Old Testament Reading**

Deuteronomy 18.15-20

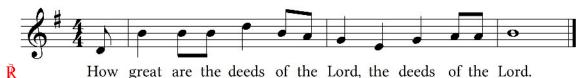
A reading from the book of Deuteronomy.

Moses summoned all Israel and said to them: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: 'Let me not hear again the voice of the LORD my God or see this great fire any more, lest I die.' Then the LORD replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who presumes to speak in my name a word that I have not commanded the prophet to speak or who speaks in the name of other gods, that prophet shall die.'

For the word of the Lord.

Thanks be to God.

#### Psalm 111



Alleluia! I will give thanks to the LORD with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the LORD! they are studied by all who delight in them. R

His work is full of majesty and splendour, and his righteousness endures for ever. He makes his marvellous works to be remembered; the LORD is gracious and full of compassion. R

The works of his hands are faithfulness and justice; all his commandments are sure.

They stand fast for ever and ever, because they are done in truth and equity. R

## **New Testament Reading**

1 Corinthians 8

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters:

Concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge, but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against brothers and sisters and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never again eat meat, so that I may not cause one of them to fall.

For the word of the Lord.

Thanks be to God.

**Gospel Acclamation** 

Matthew 4.16

Alleluia.

The people that lived in darkness has seen a great light; on those who dwell in the land and the shadow of death a light has dawned. Alleluia.

**Gospel Reading** Mark 1.14-20

The Lord be with you.

And also with you.

The Gospel of our Lord Jesus Christ according to Mark.

**▼** Glory to you, Lord Jesus Christ.

Jesus went to Capernaum; and when the Sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be quiet and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

For the Gospel of the Lord,

Praise to you, Lord Jesus Christ.

Homily Fr Steven Ogden

## **Profession of Faith**

All stand.

Let us together affirm the faith of the Church:

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life for the world to come. Amen.

# Prayers of the People

The priest may say

Let us pray for the world and for the church.

The prayers may conclude

Almighty God, you have promised to hear our prayers.

Grant that what we have asked in faith
we may by your grace receive,
through Jesus Christ our Lord. Amen.

# **Greeting of Peace**

We are the body of Christ. **God's Spirit is with us.** 

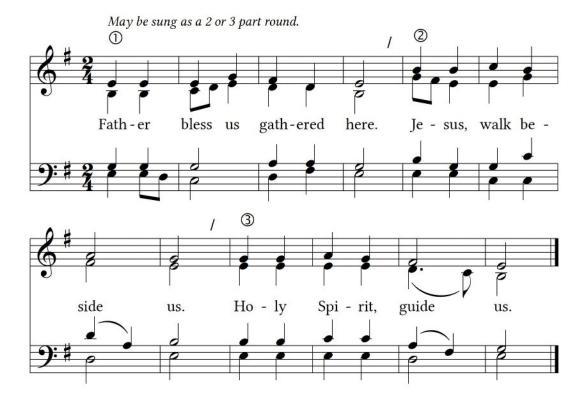
The peace of the Lord be always with you. **And also with you.** 

Offertory Antiphon Psalm 92.1

## The choir sings

It is good to give thanks unto the Lord, and to sing in honour of your name, O Most High.

All stand to sing the chant, during which a Collection will be taken up.



Robin Mann b.1949

#### When all is prepared, the priest says,

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the Father almighty.

May the Lord accept our sacrifice for the praise and glory of God's name, for our good, and the good of all God's holy Church.

# Prayer over the Offerings

God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord. Amen.

## The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of holy dreaming, Great Creator Spirit, from the dawn of creation you have given your children the good things of mother earth.

You spoke and the gum tree grew. In the vast desert and dense forest and in cities at the water's edge, creation sings your praise.

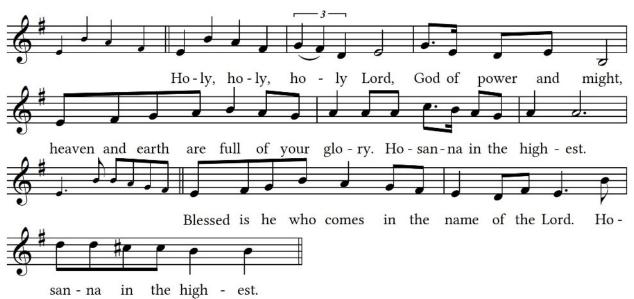
Your presence endures as the rock at the heart of our Land.

When Jesus hung on the tree you heard the cries of all your people and became one with your wounded ones: the convicts, the hunted, and the dispossessed.

The sunrise of your Son coloured the earth anew, and bathed it in glorious hope.

In Jesus we have been reconciled to you, to each other and to your whole creation.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:



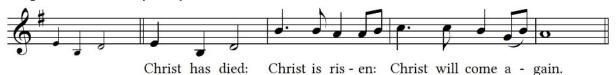
Merciful God, we thank you for these gifts of your creation, this bread and wine, and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, 'Take, eat. This is my body given for you. Do this in remembrance of me.'

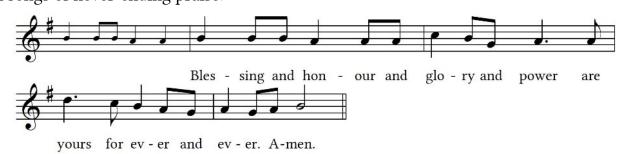
After supper, he took the cup, and again giving you thanks he gave it to his disciples, saying, 'Drink from this, all of you. This is my blood of the new covenant shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension, and looking for his coming again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice for the sins of the whole world.

Let us proclaim the mystery of faith:



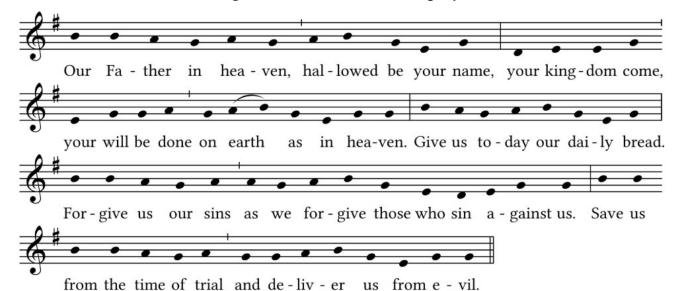
Renew us by your Holy Spirit, unite us in the body of your Son, and bring us with all your people into the joy of your eternal kingdom; through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:



#### THE COMMUNION RITE

## The Lord's Prayer

As our Saviour Christ has taught us we are confident to pray:



Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



For the kingdom, the power, and the glory are yours, now and for ev - er. A - men.

## The Breaking of the Bread

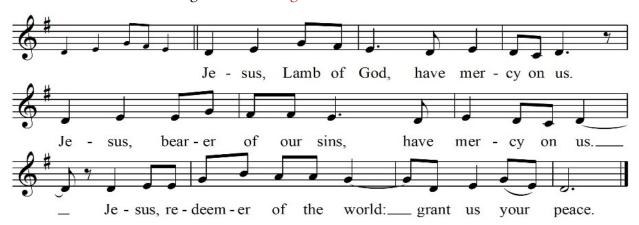
The priest breaks the bread, saying

We break this bread to share in the body of Christ.

We who are many are one body,

for we all share in the one bread.

While the bread is broken Agnus Dei is sung.



#### **Invitation to Communion**

## The priest says

Behold the Lamb of God,

behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

# Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

All receive Holy Communion, or a blessing, as they prefer. Please approach in single file, returning via the side aisles.

Those who are not to receive the Blessed Sacrament are invited to unite themselves with Jesus by making a Spiritual Communion.

## **Act of Spiritual Communion**

St Alphonsus Liguori

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you. Amen.

#### During Communion, the choir sings.

Panis angelicus

Fit panis hominum;

Dat panis coelicus

Figuris terminum:

O res mirabilis!

Manducat Dominum

Pauper, servus et humilis.

Te trivia Deitas,

Unaque poscimus,

Sic nos tu visita,

Sicut te colimus;

Per tuas semitas

Duc nos quo tendimus,

Ad lucem quam inhabitas. Amen.

The bread of the angels

becomes the bread of mortals;

the bread of heaven

puts an end to prefigurations.

O wondrous thing!

the poor, the slave and the humble

feed on their Lord.

Of you, threefold and

one God, we ask:

Come to visit us

as we worship you;

lead us on your paths

to where we want to go:

to the light in which you dwell. Amen.

Attrib. St Thomas Aquinas Music by Colin Brumby 1933-2018

## **Communion Antiphon**

Ps. 31.17, 18

Make your face to hine upon your servant; and save me for your mercy's sake. O Lord, let me not be confounded, for I have called upon you.

# **Prayer after Communion**

Let us pray.

Source of all goodness,

in this eucharist we are nourished by the bread of heaven

and invigorated with new wine.

May these gifts renew our lives,

that we may show your glory to all the world,

in the name of Jesus Christ the Lord. Amen.



Lord of all nations, grant me grace to love all people, every race; and in each person may I see my kindred, loved, redeemed by thee.

- 2 Break down the wall that would divide thy children, Lord, on every side. My neighbour's good let me pursue; let Christian love bind warm and true.
- 3 Forgive me, Lord, where I have erred by loveless act and thoughtless word. Make me to see the wrong I do will crucify my Lord anew.
- 4 Give me thy courage, Lord to speak whenever strong oppress the weak. Should I myself the victim be, help me forgive, remembering thee.
- 5 With thine own love may I be filled and by thy Holy Spirit willed, that all I touch, where're I be, may be divinely touched by thee.

Olive Wise Spannaus 1916-2018

# **Blessing and Dismissal**

The Lord be with you.

And also with you.

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, ♣ and the Holy Spirit, be among you and remain with you always. **Amen.** 

The priest, deacon, or another minister says

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

#### FR STEVEN WRITES - STUDY, SHARE, REFLECT AND GROW

In the coming week, Parish Council will discuss in broad terms the parish program for 2024. This includes canvassing ideas about study and discussion groups. What ideas have you got?

Presently, the Adult Enquirer's course is in full flight. And, in terms of shared wisdom and passionate engagement, this has been a great success. Later this year, I will be running a long-term study on the sacraments, which is premised on a sacramental view of the world. In the process, this course honours the tradition, but addresses the contemporary world.

I am also keen to run a half-day workshop on masculinity for the church and the wider community.

So, what suggestions have you got for groups and courses? A Lenten Study is under development – see the separate item below. But what about Advent? What about in-between? Last year, our half day Advent retreat was wonderful. What about this year? In addition, Pauline Smith has had experience in convening a poetry reading group, and is keen to start one here (see next Sunday's pew sheet for details).

Let me, and the Council Members know your ideas.

Fr Steven

LENTEN STUDY - "Learning to let go: Meister Eckhart's life, thought, and faith"

Meister Eckhart was a philosopher and mystic from the Middle Ages who offers an enlivening approach to life, and faith, that is surprisingly relevant to our contemporary world.

There will be two groups.

- Tuesday 6pm-7 (March 5, 12, 19, 26)
- Thursdays 10am-11:15 (March 7, 14, 21, 28)

The course text is the Penguin Classic Edition of Meister Eckhart's Selected Writings which is available at Dymocks and other book stores for around \$20-\$25, or on <a href="mailto:Amazon.com.au">Amazon.com.au</a> for \$17.70.

#### The Rest

Don't try to find God.
Simplify your scattered life,
and become one
in yourself.
Then God will
find you. The rest
will follow.

#### MAINTENANCE AND SECURITY

We are grateful to the many members of the parish community who assist with regular and emergency maintenance, and for drawing things to the attention of the Wardens or Parish Council. We do, however, need to be coordinated in our approach, and Parish Council has asked that the community be reminded that action should not be taken without consultation – and email or a phone call will often suffice.

At the same time, Parish Council has asked anyone who has keys to various areas to consider whether they are still required. We know exactly the number of keys that have been cut, but a

number of these are unaccounted for owing to poor record keeping in days gone by If you have a key and do not require it, please return it to the Wardens at your convenience,

### **POETRY GROUP**

At the last Vestry meeting, it was suggested that a Poetry Group might be formed. Pauline Smith has offered to coordinate this venture: she is keen to have comments about the nature and frequency of the group, e.g., fortnightly or monthly, and on what day. At this point the mornings of Monday, Wednesday or Friday outside of school terms are under consideration.

#### **DATES FOR YOUR DIARIES**

It seems early in the year to start talking about Easter, but it is a good idea to get a few dates into our diaries as soon as possible, as Lent and Easter are early this year.

Ash Wednesday is on Wednesday 14 February. There will be Mass with the blessing and imposition of ashes at 12.10 pm (said) and 6.15 pm (sung). During Lent there will be additional opportunities for worship, and a Lenten Study is under development.

Holy Week begins with Palm Sunday on 24 March. We expect to gather, as usual, with other city churches at St Francis Xavier's Cathedral then go in procession back to the Church for Mass. There will then be the customary Holy Week observances including Tenebrae on Wednesday in Holy Week, the Mass of the Lord's Supper on Maundy Thursday, and the special Good Friday liturgies. The Easter Vigil and the First Mass of Easter will be at 8 pm on Saturday 30 March, with the Mass of Easter Day—at which Bishop Denise Ferguson will preside—on Sunday 31 March.

And - the Annual Vestry Meeting will be held after Mass on Sunday 10 March.

Mark the dates!

#### **SERVICE TIMES THIS WEEK**

Thursday12 noon Angelus; 12.10 pm Mass (traditional rite)Sunday10 am Sung Mass with children's ministry and choir

During January, Mass is offered at St Peter's Cathedral on Wednesday and Friday at 7.30 am, and on Wednesday at 10 am.

Inquiries about Baptisms and Weddings to Fr Steven Ogden.

Confessions or confidential personal time with a priest are always available on request.

## **Regular Giving and Donations**

Financial support for our mission and ministry through electronic funds transfer (EFT) is an efficient way of making regular contributions to your congregation. Regular giving helps us plan for the future and ensures you continue offering support when you can't make it to Church.

Our Details: Bank: Anglican Funds SA
BSB 705-077 • account no 00000052 • Reference: Your name (Regular Giving)

### The Magdalene Centre

82 Gilbert Street, Adelaide Tel (08) 8305 9389

Non-perishable food for those in need can be left in the baskets at the back of the church or delivered to the Magdalene Centre from 12 noon to 3 pm, Monday to Friday.

Donations of cash are welcome via <a href="https://anglicaresa.com.au/cause/magdalene-centre/">https://anglicaresa.com.au/cause/magdalene-centre/</a>.

## The Collective of St Mary Magdalene (Mary Mags Dinner)

Pray for all those who receive the Collective's weekly support, and who are seeking meals and companionship at other times during the week.

#### **Directory**

Parish Priest: The Revd Dr Steven Ogden

Fr Steven's appointment is part-time. His days on duty are Tuesday to Thursday and Sunday.

Office Email: StMMAdelaide.Parish@outlook.com • Web: stmarymagdalenes.weebly.com • Blog: stmarymagdalenesadelaide.org • Facebook: St Mary Magdalene's Anglican Church

Next Sunday, 4 February, at 10 am - The 5th Sunday after Epiphany

Readings: Isaiah 40.21-31 • Psalm 147.1-11 • 1 Corinthians 9.16-23 • Mark 1.29-39

#### **For Your Prayers**

Pray for responsible leadership among the nations; pray for an end to violence and oppression; pray for peace and justice, especially for refugees, asylum seekers, and those seeking places of safety and security.

Pray for all those who are troubled in body, mind or spirit, especially Sim, Jasmin, John Edwards (priest), Peter Garland (priest), John Parkes (bishop), Stephan Clark (priest), Nance, Graeme, Neil, Elaine, Hugh and Bart O'Donovan (priest).

Pray for those who have died: those who have worked and worshipped in this place before us; those who have died recently, and those whose anniversaries of death occur at this time. † Rest eternal grant unto them, O Lord, and let light perpetual shine upon them.