

# The 1st Sunday in Lent

## 18 February 2024

St Mary Magdalene's  
Anglican Church

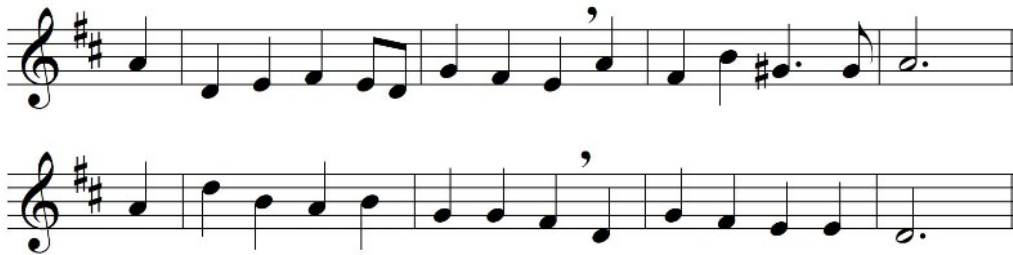


Founded 1886

**Acknowledgement of Country.** As a community, we recognise that the church is built and our worship is offered on the traditional lands of the Kurna people, and close to Tarntanyangga (Victoria Square), which is still an important meeting place for the Kurna people today. We express our gratitude in the sharing of this land; our sorrow for the personal, spiritual and cultural costs of that sharing; and our hope that we may walk together in harmony, in the spirit of Reconciliation.

When the bell rings, all stand and sing the hymn

ST BERNARD



**“Forgive our sins as we forgive,”  
you taught us, Lord, to pray,  
but you alone can grant us grace  
to live the words we say.**

- 2 How can your pardon reach and bless  
the unforgiving heart,  
that broods on wrongs and will not let  
old bitterness depart?**
- 3 In blazing light your cross reveals  
the truth we dimly knew:  
what trivial debts are owed to us,  
how great our debt to you!**
- 4 Lord, cleanse the depths within our souls,  
and bid resentment cease;  
then, bound to all in bonds of love,  
our lives will spread your peace.**

Rosamond E. Herklots 1905-87

### INTRODUCTORY RITES

#### Entrance Antiphon

Psalm 91.15-16

The choir sings the Entrance Antiphon.

When you call upon me I will answer you: I will be with you in trouble, I will rescue you and bring you to honour. With long life I will satisfy you: and full you with my salvation.

#### Invocation and Greeting

✠ In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

The grace and peace of God the Father and the Lord Jesus Christ be with you all.  
**And also with you.**

#### Penitential Act

The choir sings

Kyrie eleison. Christe eleison. Kyrie Eleison.

The priest, deacon, or another minister, says

Compassion and forgiveness belong to the Lord our God,  
though we have rebelled and wandered far off.

Silence

Let us then ask for mercy, confessing our sins in penitence and faith.

All say

**Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

The priest says:

Almighty God,  
who has promised forgiveness  
to all who turn to him in faith:  
pardon ✠ you and set you free from all your sins,  
strengthen you in all goodness,  
and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

## Collect

Let us pray.

God of the new and eternal covenant,  
as the forty days of the great flood swept away the world's corruption  
and watered new beginnings of righteousness and life:  
grant to us, who are washed clean and born again  
in the saving flood of baptism, the wellspring of your grace,  
that your gift of new life may flourish once again;  
through Jesus Christ our Redeemer,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

## THE LITURGY OF THE WORD

### Old Testament Reading

Genesis 9.8-17

A reading from the book of Genesis.

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said,

“This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh, and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

For the word of the Lord.

**Thanks be to God.**

### Responsorial Psalm

from Psalm 25



℞ Your ways, O Lord, are love and truth to those who keep your cov - e - nant.

O LORD, make me know your ways.

Teach me your paths.

Guide me in your truth, and teach me;  
for you are the God of my salvation. ℞

Remember your compassion, O LORD,  
and your merciful love,  
for they are from of old.

In your merciful love remember me,  
because of your goodness, O LORD. ℞

Good and upright is the LORD;  
therefore he shows the way to sinners.  
He guides the humble in right judgment;  
to the humble he teaches his way. ℞

### New Testament Reading

1 Peter 3.18-22

A reading from the first letter of Peter.

Beloved: Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you— not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

For the word of the Lord.

**Thanks be to God.**

### Gospel Acclamation

Matthew 4.4

**Praise to you, O Christ, king of eternal glory!**

One does not live on bread alone,  
but on every word that comes from the mouth of God.

**Praise to you, O Christ, king of eternal glory!**

## Gospel Reading

Mark 1.9-15

The Lord be with you.

**And also with you.**

The Gospel of our Lord Jesus Christ according to Mark.

**✠ Glory to you, Lord Jesus Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove upon him. And a voice came from the heavens, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tested by Satan, and he was with the wild beasts, and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

For the Gospel of the Lord,

**Praise to you, Lord Jesus Christ.**

## Homily

Fr Steven Ogden

## Profession of Faith

Let us together affirm the faith of the Church:

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation,  
he came down from heaven;  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life for the world to come. Amen.**

### Prayers of the People

The priest may say  
Let us pray for the world and for the church.  
The prayers may conclude  
Almighty God, you have promised to hear our prayers.

**Grant that what we have asked in faith  
we may by your grace receive,  
through Jesus Christ our Lord. Amen.**

### Greeting of Peace

We are the body of Christ.  
**God's Spirit is with us.**  
The peace of the Lord be always with you.  
**And also with you.**

## THE LITURGY OF THE EUCHARIST

Offertory Antiphon

Psalm 91.4

The Lord will cover you with his wings, and you will be safe under his feathers: his faithfulness will be your shield and defence.

During the preparation of the gifts, the chant is sung, and a Collection is taken up.

This is the Bo-dy of Christ, bro-ken that we may be whole;  
this cup, as pro-mised by God, true to his word,  
cra-dles our Lord: food for the good of the soul.

John L. Bell b.1949

When all is prepared, the priest says,  
Pray, brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the Father almighty.

**May the Lord accept our sacrifice  
for the praise and glory of God's name,  
for our good, and the good of all God's holy Church.**

## Prayer over the Offerings

God our refuge and our strength,  
receive all we offer you this day,  
and through the death and resurrection of your Son  
transform us to his likeness.  
We ask this in his name. **Amen.**

## The Eucharistic Prayer

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

Worship and praise belong to you,  
maker of light and darkness.  
Your wisdom draws beauty from chaos,  
brings a harvest out of sorrow  
and leads the exiles home.

In Christ your Son enemies are reconciled,  
debts forgiven  
and strangers made welcome

Your Spirit frees us  
to live as sons and daughters  
in our Father's house.

We who by Christ's power  
follow the way of the Cross,  
sharing the joy of his obedience,  
now offer you our praise,  
with angels and archangels  
and the whole company of heaven  
singing the hymn of your unending glory:

**Flowing**

The musical score is written in 4/4 time with a key signature of one sharp (F#). It consists of three staves of music. The first staff begins with a treble clef and a key signature of one sharp. The first two measures are chords: F#4, C5, F#4 and F#4, C5, F#4. The third measure starts with a melody: F#4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). The second staff continues the melody: F#4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). The third staff continues the melody: F#4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). The piece ends with a double bar line.

*mp* Ho - - ly, ho - - - ly,  
*mf* ho - ly Lord. God of power and might, — heav'n and earth are  
*f* full — of your glo - ry. Ho-san-na in the high-est.

*mp*  
Bless - ed is he who comes in the  
*f*  
name of the Lord. Ho-san-na in the high-est.

Glory and thanksgiving be to you, most loving Father,  
for Christ in whom the world is reconciled.

Lifted on the Cross,  
his suffering and forgiveness  
spanned the gulf our sins had made.  
Through that dark struggle  
death was swallowed up in victory,  
that life and light might reign.

Before he was given up to suffering and death,  
recalling the night of Israel's release,  
the night in which the sons of Egypt died,  
your Chosen One, himself the First-Born,  
freely offered his life.

At supper with his disciples  
he took bread and offered you thanks.  
He broke the bread,  
and gave it to them, saying:  
"Take, eat. This is my Body: it is broken for you."

After supper, he took the cup,  
he offered you thanks,  
and gave it to them saying:  
"Drink this, all of you.

This is my Blood of the new covenant;  
it is poured out for you, and for all,  
that sins may be forgiven.  
Do this in remembrance of me."

We now obey your Son's command.  
We recall his blessed passion and death,  
his glorious resurrection and ascension;  
and we look for the coming of his Kingdom.  
Made one with him, we offer you these gifts  
and with them ourselves,  
a single, holy, living sacrifice.

Hear us, most merciful Father,  
and send your Holy Spirit upon us  
and upon this bread and this wine,  
that, overshadowed by his life-giving power,  
they may be the Body and Blood of your Son,  
and we may be kindled with the fire of your love  
and renewed for the service of your Kingdom.



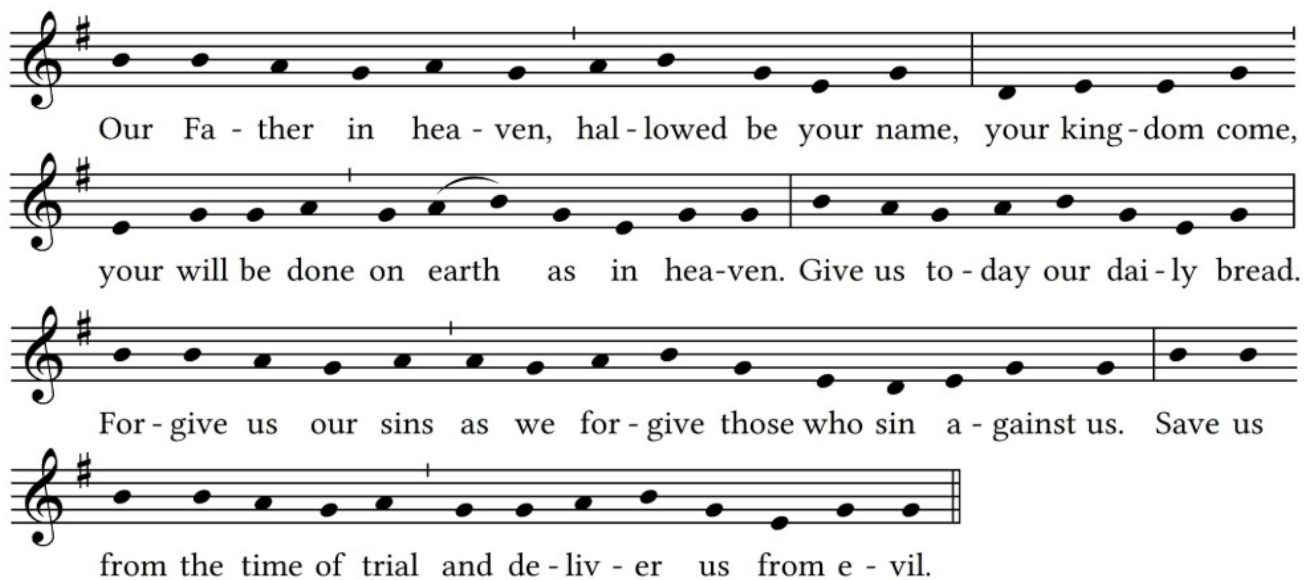
Help us, who are baptised into the fellowship of Christ's Body  
to live and work to your praise and glory;  
may we grow together in unity and love  
until at last, in your new creation,  
we enter into our heritage  
in the company of the Virgin Mary,  
the apostles, and prophets  
and of all our brothers and sisters  
living and departed.

Through Jesus Christ our Lord,  
with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be to you,  
Lord of all ages,  
world without end. **Amen.**

### THE COMMUNION RITE

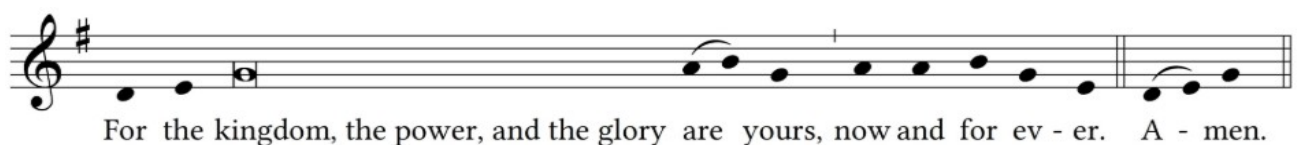
#### The Lord's Prayer

As our Saviour Christ has taught us we are confident to pray:



Our Fa - ther in hea - ven, hal - lowed be your name, your king - dom come,  
your will be done on earth as in hea - ven. Give us to - day our dai - ly bread.  
For - give us our sins as we for - give those who sin a - gainst us. Save us  
from the time of trial and de - liv - er us from e - vil.

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.



For the kingdom, the power, and the glory are yours, now and for ev - er. A - men.



## The Breaking of the Bread

The priest breaks the bread, saying  
We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

While the bread is broken Agnus Dei is sung.

Je - sus, Lamb of God, have  
mer - cy on us. Je - sus, bear - er of our  
sins, have mer - cy on us. Je - sus, Re -  
de - mer of the world, grant us your peace.

## Invitation to Communion

The priest says  
Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

All receive Holy Communion. Communicants should approach in single file, maintaining physical distance, returning via the side aisles.

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Healing ministry will be offered in the Holy Innocents chapel. Please enter the chapel one at a time. You may wish to record prayer points or remembrances on a piece of paper prior to Mass.

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During Communion, the choir sings.

## Communion Antiphon

Psalm 91.9, 11

The Lord himself is your refuge: you have made the Most High your stronghold.  
For he will command his angels: to keep you in all your ways.

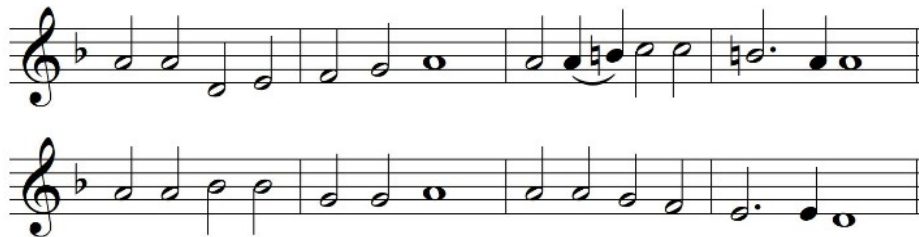
## Prayer after Communion

Let us pray.

Faithful God,  
in this holy bread  
you increase our faith and hope and love.  
Lead us in the path of Christ  
who is your Word of life.  
We ask this in his name. **Amen.**

## Postcommunion Hymn

AUS DER TIEFE



- Forty days and forty nights  
Thou wast fasting in the wild,  
Forty days and forty nights  
Tempted and yet undefiled.
- 2 Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.
- 3 Let us thine endurance share,  
And awhile from joys abstain,  
With thee watching unto prayer,  
Strong with thee to suffer pain.
- 4 And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.
- 5 So shall we have peace divine,  
Holier gladness ours shall be,  
Round us too shall angels shine,  
Such as ministered to thee.
- 6 Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At the eternal Eastertide.

George Hunt Smyttan 1822-1870

## THE CONCLUDING RITES

### **Prayer over the People and Blessing**

The Lord be with you.

**And also with you.**

May bountiful blessing, O Lord, we pray  
come down upon your people,  
that hope may grow in tribulation,  
virtue be strengthened in temptation,  
and eternal redemption be assured  
Through Christ our Lord. **Amen.**

And the blessing of God almighty,  
the Father, the Son, ✠ and the Holy Spirit,  
be among you and remain with you always. **Amen.**

The priest, deacon or another minister says,

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

"Learning to let go:  
Meister Eckhart's life, thought, and faith"  
Our parish Lenten Study. All welcome.



A philosopher and mystic from the Middle Ages who offers an enlivening and contemporary approach to life, and faith. Admittedly, Meister Eckhart is not an easy read, but together we will discover some gems for modern living. So, we will use his material selectively, and along the way I will provide some clues for interpreting this genius of the Middle Ages. Here is a sample:

"Now noble soul, consider yourself and the nobility that is in you, for you have been honoured in that you have received the image of God beyond all other creatures. Do not pursue mean things then since you have been created for greatness. This is how we should understand the soul to be the Kingdom of God."

**Thursday 10am-11:15 (March 7, 14, 21, 28)**

(The proposed Tuesday meeting will not proceed – the demand is for Thursday!)

The course text is the Penguin Classic Edition of Meister Eckhart's Selected Writings which is available at Dymocks and other book stores for \$20-\$25, or on [Amazon.com.au](https://www.amazon.com.au) for \$17.70.

**The Rest**

*Don't try to find God.  
Simplify your scattered life,  
and become one  
in yourself.  
Then God will  
find you. The rest  
will follow.*

**DATES FOR YOUR DIARIES**

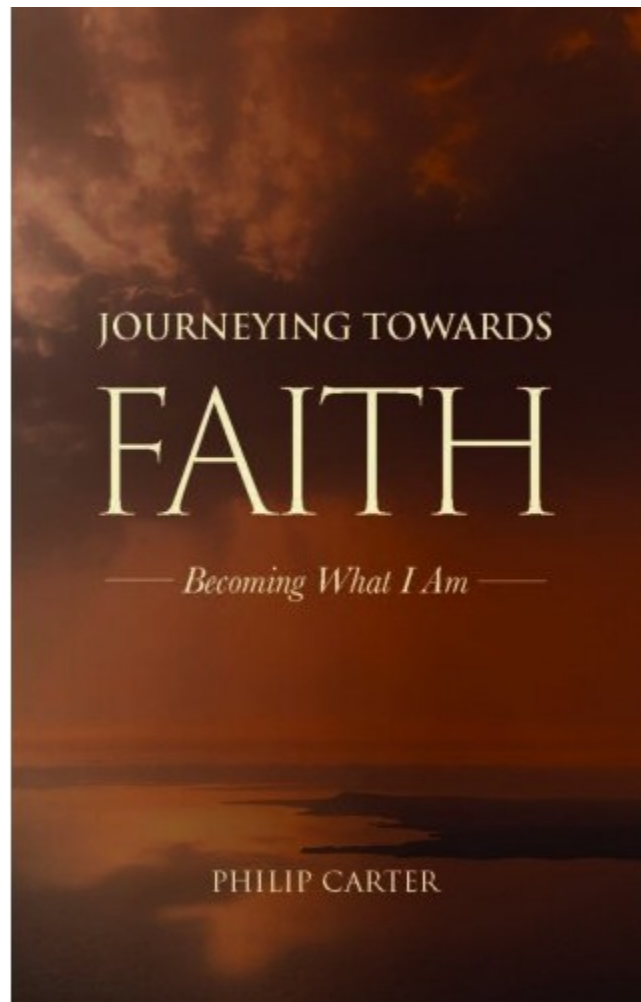
It seems early in the year to start talking about Easter, but it is a good idea to get a few dates into our diaries as soon as possible, as Lent and Easter are early this year.

Ash Wednesday is on Wednesday 14 February. There will be Mass with the blessing and imposition of ashes at 12.10 pm (said) and 6.15 pm (sung). During Lent there will be additional opportunities for worship, and a Lenten Study is under development.

Holy Week begins with Palm Sunday on 24 March. We expect to gather, as usual, with other city churches at St Francis Xavier's Cathedral then go in procession back to the Church for Mass. There will then be the customary Holy Week observances including Tenebrae on Wednesday in Holy Week, the Mass of the Lord's Supper on Maundy Thursday, and the special Good Friday liturgies. The Easter Vigil and the First Mass of Easter will be at 8 pm on Saturday 30 March, with the Mass of Easter Day—at which Bishop Denise Ferguson will preside—on Sunday 31 March.

And – the Annual Vestry Meeting will be held after Mass on Sunday 10 March.

Mark the dates!



Congratulations to Fr Philip Carter whose book *Journeying Towards Faith: Become What I Am* has recently been published by Coventry Press. The seven chapters in this book take seriously these celebrated words of Irenaeus. Confessing the Incarnation of Jesus of Nazareth, their underlying assumption is that Jesus did not come to offer us a particular way of being religious, but a universal way of being human.

The book is an invitation to become more fully alive and more fully human. It is out of the reality of our everyday lives – and in the context of our wounded and wounding world – where we can hear, through the questions Jesus asks, the call and challenge to have our thinking about ourselves, prayer, and our relationship with God, utterly transformed.

The book will be launched at St Peter's Cathedral next month, and will be available to order or to buy from the Cathedral shop (open 10.30 – 1 pm Monday, 10.30 – 3.30 pm Tuesday to Friday) for \$19.95. (Autographs are free!)

MARVELLOUS MUSIC AT MARY MAGS 2024  
Sunday 25 February 2.30 pm  
SONGS OF THE PROPHETS



NEXT SUNDAY

*Singers from St Mary Magdalene's and friends present  
Songs and Prayers from the Book of the Prophet Isaiah  
in ancient and modern musical settings.*

**Tickets \$25 & \$20. Air-conditioned. Accessible.**

**★ ADELAIDE  
★ FRINGE ★** **FringeTIX**

[adelaidefringe.com.au](http://adelaidefringe.com.au) 1300 621 255



MARVELLOUS MUSIC AT MARY MAGS 2024

Sunday 3 March 2.30 pm

## CHANTS ENCOUNTERS



*Singers from St Mary Magdalene's and friends present the medieval monastic offices of Terce, Sext and None sung to the plainsong, the church's ancient chant.*

**Tickets \$25 & \$20. Air-conditioned. Accessible.**

**\* ADELAIDE**  
**\* FRINGE \*** **FringeTIX**

**adelaidefringe.com.au 1300 621 255**



## SERVICE TIMES THIS WEEK

**Wednesday 8 am** Lent Prayers  
**Thursday 12 noon** Angelus; **12.10 pm** Mass (traditional rite)  
**Friday 6.15 pm** Stations of the Cross  
**Sunday 10 am** Sung Mass with children's ministry and choir

Mass is offered at St Peter's Cathedral Monday to Friday at 7.30 am, and on Wednesday at 10 am.

Inquiries about Baptisms and Weddings to Fr Steven Ogden.

Confessions or confidential personal time with a priest are always available on request.

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### Regular Giving and Donations

Financial support for our mission and ministry through electronic funds transfer (EFT) is an efficient way of making regular contributions to your congregation. Regular giving helps us plan for the future and ensures you continue offering support when you can't make it to Church.

Our Details: Bank: Anglican Funds SA

BSB 705-077 • account no 00000052 • Reference: Your name (Regular Giving)

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### The Magdalene Centre

82 Gilbert Street, Adelaide Tel (08) 8305 9389

Non-perishable food for those in need can be left in the baskets at the back of the church or delivered to the Magdalene Centre from 12 noon to 3 pm, Monday to Friday.

Donations of cash are welcome via <https://anglicaresa.com.au/cause/magdalene-centre/>.

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### The Collective of St Mary Magdalene (Mary Mags Dinner)

Pray for all those who receive the Collective's weekly support, and who are seeking meals and companionship at other times during the week.

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### Directory

Parish Priest: The Revd Dr Steven Ogden

*Fr Steven's appointment is part-time. His days on duty are Tuesday to Thursday and Sunday.*

Office Email: StMMAdeelaide.Parish@outlook.com • Web: stmarymagdalenes.weebly.com •

Blog: stmarymagdalenesadelaide.org • Facebook: St Mary Magdalene's Anglican Church

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### Next Sunday, 25 February, at 10 am - The 2nd Sunday in Lent

Readings: Genesis 17.1-7, 15-16 • Psalm 22.24-32 • Romans 4.13-25 • Mark 8.31-38

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### For Your Prayers

Pray for responsible leadership among the nations; pray for an end to violence and oppression; pray for peace and justice, especially for refugees, asylum seekers, and those seeking places of safety and security.

Pray for all those who are troubled in body, mind or spirit, especially Sim, Jasmin, John Edwards (priest), Peter Garland (priest), John Parkes (bishop), Stephan Clark (priest), Nance, Graeme, Neil, Elaine, Hugh and Bart O'Donovan (priest).

Pray for those who have died: those who have worked and worshipped in this place before us; those who have died recently, and those whose anniversaries of death occur at this time. † *Rest eternal grant unto them, O Lord, and let light perpetual shine upon them.*