

# The 5th Sunday after Epiphany

## 4 February 2024

St Mary Magdalene's  
Anglican Church

Founded 1886



**Acknowledgement of Country.** As a community, we recognise that the church is built and our worship is offered on the traditional lands of the Kurna people, and close to Tarntanyangga (Victoria Square), which is still an important meeting place for the Kurna people today. We express our gratitude in the sharing of this land; our sorrow for the personal, spiritual and cultural costs of that sharing; and our hope that we may walk together in harmony, in the spirit of Reconciliation.

A ministry of prayer for healing and wholeness will be offered in the Holy Innocents Chapel during the Communion of the People.

When the bell rings, all stand and sing the hymn

FRANCONIA



**This is my Father's world,  
And to my listening ears  
All nature sings, and round me rings  
The music of the spheres.**

- 2 **This is my Father's world:  
I rest me in the thought  
Of rocks and trees, of skies and seas—  
His hand the wonders wrought.**
- 3 **This is my Father's world:  
O let me ne'er forget  
That though the wrong seems oft so strong,  
God is the Ruler yet.**
- 4 **This is my Father's world:  
Why should my heart be sad?  
The Lord is King: let heavens ring!  
God reigns; let earth be glad!**

Maltbie D. Babcock 1858-1901

### Entrance Antiphon

Ps 95.6-7

The choir sings

O come, let us worship and bow down; let us kneel before the Lord, our Maker!  
For he is our God, and we are the people of his pasture and the sheep of his hand.

### Invocation and Greeting

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The grace and peace of God the Father and the Lord Jesus Christ be with you all.  
**And also with you.**

## Penitential Act

The choir sings

Kyrie Alme Pater

Kyrie eleison. Christe eleison. Kyrie eleison.

The priest, deacon, or another minister says

Dear friends, to prepare ourselves to celebrate the sacred mysteries,  
let us call to mind our sins.

Silence. Then all say

**Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

The priest says:

Almighty God,  
who has promised forgiveness  
to all who turn to him in faith:  
pardon ✠ you and set you free from all your sins,  
strengthen you in all goodness,  
and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

## Hymn of Praise

The musical score is written on five staves. The first staff is labeled 'Priest or Cantor' and the second 'All'. The lyrics are: 'Glo-ry to God in the high - est, and peace to God's peo - ple on earth. Lord God, hea-ven-ly King, al-migh-ty God and Fa - ther, we wor-ship you, we give you thanks, we praise you for your glo - ry. Lord Je-sus Christ, on-ly Son of the Fa - ther, Lord God, Lamb of God, you take a - way the sin of the world: have mer-cy on us; you are seat-ed at the right hand'.

of the Fa - ther: re - ceive our prayer. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, you a - lone are the Most High, Je - sus Christ,  
 with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men.

## Collect

Let us pray.

Saving God,  
 whose Son, Jesus Christ, healed the sick  
 and brought them wholeness of body and mind:  
 inspire us, his disciples,  
 so that we may constantly proclaim his gospel  
 by our words and by the dedication and integrity of our lives;  
 through Jesus Christ our Lord,  
 who lives and reigns with you and the Holy Spirit,  
 one God, now and for ever. **Amen.**

## THE LITURGY OF THE WORD

### Old Testament Reading

Isaiah 40.21-31

A reading from the book of the prophet Isaiah.

Have you not known? Have you not heard?  
 Has it not been told you from the beginning?  
 Have you not understood from the foundations of the earth?  
 It is he who sits above the circle of the earth,  
 and its inhabitants are like grasshoppers;  
 who stretches out the heavens like a curtain  
 and spreads them like a tent to live in,  
 who brings princes to naught  
 and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,  
 scarcely has their stem taken root in the earth,  
 when he blows upon them, and they wither,  
 and the tempest carries them off like stubble.

To whom then will you compare me,  
 or who is my equal? says the Holy One.

Lift up your eyes on high and see:

Who created these?

He who brings out their host and numbers them,  
 calling them all by name;  
 because he is great in strength,  
 mighty in power,  
 not one is missing.

Why do you say, O Jacob,  
and assert, O Israel,  
“My way is hidden from the LORD,  
and my right is disregarded by my God”?  
Have you not known? Have you not heard?  
The LORD is the everlasting God,  
the Creator of the ends of the earth.  
He does not faint or grow weary;  
his understanding is unsearchable.  
He gives power to the faint  
and strengthens the powerless.  
Even youths will faint and be weary,  
and the young will fall exhausted,  
but those who wait for the LORD shall renew their strength;  
they shall mount up with wings like eagles;  
they shall run and not be weary;  
they shall walk and not faint.

For the word of the Lord.

**Thanks be to God.**

**Psalm 147**

Chant: Henry Aldrich 1647-1710

- 1 Praise the LORD, for it is a good thing to sing praises unto our God:  
yea, a joyful and pleasant thing it is to be thankful.
- 2 The LORD doth build up Jerusalem;  
and gather together the outcasts of Israel.
- 3 He healeth those that are broken in heart,  
and giveth medicine to heal their sickness.
- 4 He telleth the number of the stars,  
and calleth them all by their names.
- 5 Great is our Lord, and great is his power;  
yea, and his wisdom is infinite.
- 6 The LORD setteth up the meek,  
and bringeth the ungodly down to the ground.
- 7 O sing unto the LORD with thanksgiving;  
sing praises upon the harp unto our God:
- 8 Who covereth the heaven with clouds, and prepareth rain for the earth;  
and maketh the grass to grow upon the mountains, and herb for the use of men;
- 9 Who giveth fodder unto the cattle,  
and feedeth the young ravens that call upon him.
- 10 He hath no pleasure in the strength of an horse;  
neither delighteth he in any man's legs.
- 11 But the LORD's delight is in them that fear him,  
and put their trust in his mercy.

## New Testament Reading

1 Corinthians 9.16-23

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters:

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a wage; but if not of my own will, I am entrusted with a commission. What then is my wage? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might gain all the more. To the Jews I became as a Jew, in order to gain Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might gain those under the law. To those outside the law I became as one outside the law (though I am not outside God's law but am within Christ's law) so that I might gain those outside the law. To the weak I became weak, so that I might gain the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I might become a partner in it.

For the word of the Lord.

**Thanks be to God.**

## Gospel Acclamation

John 8.12

Alleluia.

I am the light of the world, says the Lord,  
anyone who follows me will have the light of life.

Alleluia.

## Gospel Reading

Mark 1.29-39

The Lord be with you.

**And also with you.**

The Gospel of our Lord Jesus Christ according to Mark.

✠ **Glory to you, Lord Jesus Christ.**

As soon as Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed by demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also, for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

For the Gospel of the Lord,

**Praise to you, Lord Jesus Christ.**

## Homily

Fr Steven Ogdin

## Profession of Faith

All stand.

Let us together affirm the faith of the Church:

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven;  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life for the world to come. Amen.**

## Prayers of the People

The priest may say

Let us pray for the world and for the church.

The prayers may conclude

Almighty God, you have promised to hear our prayers.

**Grant that what we have asked in faith  
we may by your grace receive,  
through Jesus Christ our Lord. Amen.**

## Greeting of Peace

We are the body of Christ.

**God's Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

## THE LITURGY OF THE EUCHARIST

### Offertory Antiphon

Psalm 17.5, 6, 7

The choir sings

My steps have held firm in the way of your commands:  
and my feet have not stumbled from your paths;  
incline your ear and hear my words; show me the wonders of your steadfast love.

All stand to sing the chant, during which a Collection will be taken up.

I am the Way and the Truth and the Life. No-one comes to the Fa-ther ex-cept through me. No-one comes to the Fa-ther ex-cept through me.

Bob Hurd b.1950

When all is prepared, the priest says,

Pray, brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the Father almighty.

**May the Lord accept our sacrifice  
for the praise and glory of God's name,  
for our good, and the good of all God's holy Church.**

### Prayer over the Offerings

God of compassion and forgiveness,  
receive our offering this day,  
and make us one with him who is our peace,  
Jesus Christ our Saviour. **Amen.**

## The Eucharistic Prayer

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

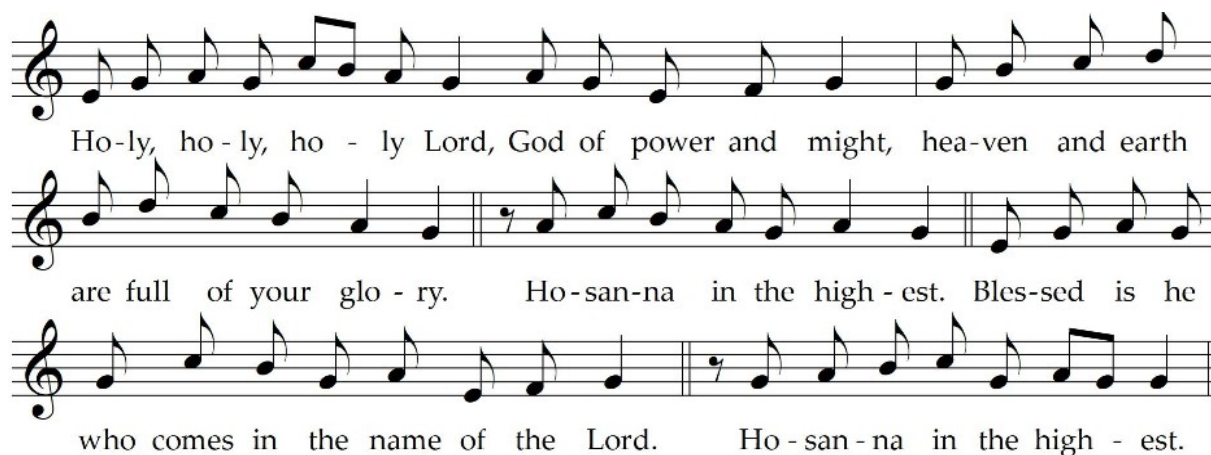
Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.

From the beginning you have created all things  
and all your works echo the silent music of your praise.  
In the fullness of time you made us in your image,  
the crown of all creation.

You give us breath and speech,  
that with angels and archangels  
and all the powers of heaven  
we may find a voice to sing your praise:



Ho-ly, ho - ly, ho - ly Lord, God of power and might, hea-ven and earth  
are full of your glo - ry. Ho-san-na in the high - est. Bles-sed is he  
who comes in the name of the Lord. Ho - san - na in the high - est.

How wonderful the work of your hands, O Lord.

As a mother tenderly gathers her children,  
you embraced a people as your own.

When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,  
to be the living bread,  
in whom all our hungers are satisfied.

He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.

He broke it and gave it to them, saying:

Take, eat; this is my body which is given for you;  
do this in remembrance of me.



At the end of supper, taking the cup of wine,  
 he gave you thanks, and said:  
 Drink this, all of you; this is my blood of the new covenant,  
 which is shed for you and for many for the forgiveness of sins.  
 Do this, as often as you drink it, in remembrance of me.  
 Let us proclaim the mystery of faith:



Christ has died. Christ is risen. Christ will come a - gain.

Father, we plead with confidence  
 his sacrifice made once for all upon the cross;  
 we remember his dying and rising in glory,  
 and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you  
 these gifts of your creation;  
 may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,  
 form us in the likeness of Christ,  
 and build us into a living temple to your glory.

Remember, Lord, your Church in every land.  
 Reveal her unity, guard her faith,  
 and preserve her in peace.

Bring us at the last with Mary Magdalene and all the saints  
 to the vision of that eternal splendour  
 for which you have created us;  
 through Jesus Christ, our Lord,  
 by whom, with whom, and in whom,  
 with all who stand before you in earth and heaven,  
 we worship you, Father almighty, in songs of everlasting praise:



Bless-ing and hon-our and glo - ry and power are yours for ev - er and ev - er. A - men.

### THE COMMUNION RITE

#### The Lord's Prayer

As our Saviour Christ has taught us we are confident to pray:



Our Fa - ther in hea - ven, hal - lowed be your name, your king - dom come,



your will be done on earth as in hea-ven. Give us to - day our dai - ly bread.

For - give us our sins as we for - give those who sin a - gainst us. Save us  
from the time of trial and de - liv - er us from e - vil.

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

For the kingdom, the power, and the glory are yours, now and for ev - er. A - men.

## The Breaking of the Bread

The priest breaks the bread, saying

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

While the bread is broken Agnus Dei is sung.

Lamb of God, you take a - way the sin of the world: have mer - cy on us.  
Lamb of God, you take a - way the sin of the world: grant us peace.

## Invitation to Communion

The priest says

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

All receive Holy Communion, or a blessing, as they prefer. Please approach in single file, returning via the side aisles.

Those who are not to receive the Blessed Sacrament are invited to unite themselves with Jesus by making a Spiritual Communion.

### Act of Spiritual Communion

St Alphonsus Liguori

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you. Amen.

During Communion, the choir sings.

## Communion Antiphon

Isaiah 40.31

Those who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

## Prayer after Communion

Let us pray.

Eternal God,

in you we find peace beyond all telling.

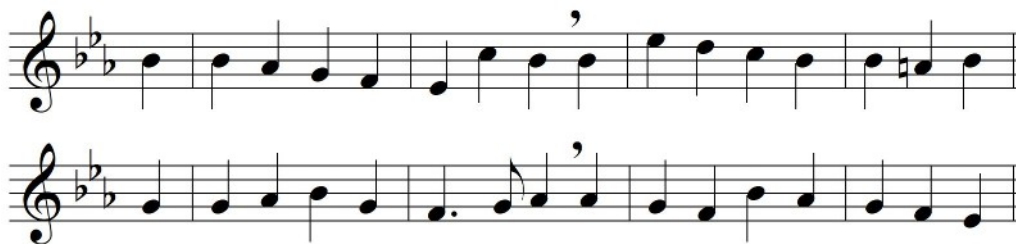
May we who share in this heavenly banquet

be instruments of your peace on earth,

in the name of Jesus Christ the Lord. **Amen.**

All stand to sing the Postcommunion hymn.

MELCOMBE



**O Spirit of the living God,  
in all the fullness of your grace,  
wherever human feet have trod,  
descend upon our fallen race.**

- 2 Give tongues of fire and hearts of love  
to preach the reconciling word;  
anoint with power from heaven above  
whenever gospel truth is heard.**
- 3 Let darkness turn to radiant light,  
confusion vanish from your path;  
those who are weak inspire with might:  
let mercy triumph over wrath!**
- 4 O Spirit of our God, prepare  
the whole wide world the Lord to meet;  
breathe out new life, like morning air,  
till hearts of stone begin to beat.**
- 5 Baptize the nations; far and near  
the triumphs of the cross record;  
till Christ in glory shall appear  
and every race declare him Lord!**

James Montgomery 1771-1854

## Blessing and Dismissal

The Lord be with you.

**And also with you.**

The peace of God,  
which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son, Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, ✠ and the Holy Spirit,  
be among you and remain with you always. **Amen.**

*The priest, deacon, or another minister says*

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

"Learning to let go:  
Meister Eckhart's life, thought, and faith"  
Our parish Lenten Study. All welcome.



A philosopher and mystic from the Middle Ages who offers an enlivening and contemporary approach to life, and faith. Admittedly, Meister Eckhart is not an easy read, but together we will discover some gems for modern living. So, we will use his material selectively, and along the way I will provide some clues for interpreting this genius of the Middle Ages. Here is a sample:

"Now noble soul, consider yourself and the nobility that is in you, for you have been honoured in that you have received the image of God beyond all other creatures. Do not pursue mean things then since you have been created for greatness. This is how we should understand the soul to be the Kingdom of God."

Tuesday 6pm-7 (March 5, 12, 19, 26)

Thursday 10am-11:15 (March 7, 14, 21, 28)

The course text is the Penguin Classic Edition of Meister Eckhart's Selected Writings which is available at Dymocks and other book stores for \$20-\$25, or on [Amazon.com.au](https://www.amazon.com.au) for \$17.70.

**The Rest**

*Don't try to find God.  
Simplify your scattered life,  
and become one  
in yourself.  
Then God will  
find you. The rest  
will follow.*

**MAINTENANCE AND SECURITY**

We are grateful to the many members of the parish community who assist with regular and emergency maintenance, and for drawing things to the attention of the Wardens or Parish Council. We do, however, need to be coordinated in our approach, and Parish Council has asked that the community be reminded that action should not be taken without consultation - and email or a phone call will often suffice.

At the same time, Parish Council has asked anyone who has keys to various areas to consider whether they are still required. We know exactly the number of keys that have been cut, but a number of these are unaccounted for owing to poor record keeping in days gone by. If you have a key and do not require it, please return it to the Wardens at your convenience,

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**POETRY GROUP**

Pauline Smith will coordinate a Poetry Group that will meet on Monday mornings. Please speak with her if you are interested.

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## **DATES FOR YOUR DIARIES**

It seems early in the year to start talking about Easter, but it is a good idea to get a few dates into our diaries as soon as possible, as Lent and Easter are early this year.

Ash Wednesday is on Wednesday 14 February. There will be Mass with the blessing and imposition of ashes at 12.10 pm (said) and 6.15 pm (sung). During Lent there will be additional opportunities for worship, and a Lenten Study is under development.

Holy Week begins with Palm Sunday on 24 March. We expect to gather, as usual, with other city churches at St Francis Xavier's Cathedral then go in procession back to the Church for Mass. There will then be the customary Holy Week observances including Tenebrae on Wednesday in Holy Week, the Mass of the Lord's Supper on Maundy Thursday, and the special Good Friday liturgies. The Easter Vigil and the First Mass of Easter will be at 8 pm on Saturday 30 March, with the Mass of Easter Day—at which Bishop Denise Ferguson will preside—on Sunday 31 March.

And - the Annual Vestry Meeting will be held after Mass on Sunday 10 March.

Mark the dates!

## SERVICE TIMES THIS WEEK

**Thursday** 12 noon Angelus; **12.10 pm Mass** (traditional rite)

**Sunday** 10 am Sung Mass with children's ministry and choir

During January, Mass is offered at St Peter's Cathedral on Wednesday and Friday at 7.30 am, and on Wednesday at 10 am.

Inquiries about Baptisms and Weddings to Fr Steven Ogden.

Confessions or confidential personal time with a priest are always available on request.

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## Regular Giving and Donations

Financial support for our mission and ministry through electronic funds transfer (EFT) is an efficient way of making regular contributions to your congregation. Regular giving helps us plan for the future and ensures you continue offering support when you can't make it to Church.

Our Details: Bank: Anglican Funds SA

BSB 705-077 • account no 00000052 • Reference: Your name (Regular Giving)

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## The Magdalene Centre

82 Gilbert Street, Adelaide Tel (08) 8305 9389

Non-perishable food for those in need can be left in the baskets at the back of the church or delivered to the Magdalene Centre from 12 noon to 3 pm, Monday to Friday.

Donations of cash are welcome via <https://anglicaresa.com.au/cause/magdalene-centre/>.

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## The Collective of St Mary Magdalene (Mary Mags Dinner)

Pray for all those who receive the Collective's weekly support, and who are seeking meals and companionship at other times during the week.

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## Directory

Parish Priest: The Revd Dr Steven Ogden

*Fr Steven's appointment is part-time. His days on duty are Tuesday to Thursday and Sunday.*

Office Email: [StMMAdelaide.Parish@outlook.com](mailto:StMMAdelaide.Parish@outlook.com) • Web: [stmarymagdalenes.weebly.com](http://stmarymagdalenes.weebly.com) •

Blog: [stmarymagdalenesadelaide.org](http://stmarymagdalenesadelaide.org) • Facebook: St Mary Magdalene's Anglican Church

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**Next Sunday, 11 February, at 10 am** – The 6th Sunday after Epiphany

Readings: 2 Kings 5.1-14 • Psalm 30 • 1 Corinthians 9.24-27 • Mark 1.40-45

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## For Your Prayers

Pray for responsible leadership among the nations; pray for an end to violence and oppression; pray for peace and justice, especially for refugees, asylum seekers, and those seeking places of safety and security.

Pray for all those who are troubled in body, mind or spirit, especially Sim, Jasmin, John Edwards (priest), Peter Garland (priest), John Parkes (bishop), Stephan Clark (priest), Nance, Graeme, Neil, Elaine, Hugh and Bart O'Donovan (priest).

Pray for those who have died: those who have worked and worshipped in this place before us; those who have died recently, and those whose anniversaries of death occur at this time. † *Rest eternal grant unto them, O Lord, and let light perpetual shine upon them.*