Thursday 2 March 2023

Thursday in the 1st Week of Lent

Acknowledgement of Country. As a community, we recognise that the church is built and our worship is offered on the traditional lands of the Kaurna people. We express our gratitude in the sharing of this land; our sorrow for the personal, spiritual and cultural costs of that sharing; and our hope that we may walk together in harmony, in the spirit of Reconciliation.

AT 12 NOON, ANGELUS

Leader: The Angel of the Lord declared unto Mary. *Response:* **And she conceived by the Holy Ghost**.

Hail Mary, full of grace, the Lord is with thee.

Blessèd art thou among women,

and blessèd is the fruit of thy womb, Jesus.

Holy Mary, mother of God,

pray for us sinners, now, and at the hour of our death.

Leader: Behold the handmaid of the Lord.

Response: Be it unto me according to thy word.

Hail Mary ... Holy Mary ...

Leader: And the Word was made Flesh.

Response: And dwelt among us.

Hail Mary ... Holy Mary ...

Leader: Pray for us, O holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

Let us pray.

We beseech thee, O Lord, pour thy grace into our hearts: that, as we have known the incarnation of thy Son Jesus Christ by the message of an Angel; so by his Cross ♣ and Passion we may be brought to the glory of his resurrection; through the same Christ our Lord. Amen.

AT 12.10, MASS

When cantors are present, they may sing parts of the Mass that are ordinarily sung.



We cannot measure how you heal or answer every sufferer's prayer, yet we believe your grace responds where faith and doubt unite to care. 2 Lord, let your Spirit meet us here to mend the body, mind and soul, to disentangle peace from pain and make your broken people whole.

John Bell b.1949

The priest (and ministers) having entered, facing the altar and standing before the lowest altar step, and the faithful kneeling, make the Sign of the Cross.

Ministers: Amen.

Priest: I will go unto the altar of God.

Ministers: Even unto the God of my joy and gladness.

Psalm 43. Iudica me, Deus

Priest: Give sentence with me, O God, and defend my cause against the ungodly people: O deliver me from the deceitful and wicked man.

Ministers: For thou art the God of my strength, why hast thou put me from thee: and why go I so heavily, while the enemy oppresseth me?

Priest: O send out thy light and thy truth, that they may lead me : and bring me unto thy holy hill, and to thy dwelling.

Ministers: And that I may go unto the altar of God, even unto the God of my joy and gladness: and upon the harp will I give thanks unto thee, O God, my God.

Priest: Why art thou so heavy, O my soul : and why art thou so disquieted within me?

Ministers: O put thy trust in God, for I will yet give him thanks, Which is the help of my countenance, and my God.

Priest: Glory be to the Father, and to the Son, and the Holy Ghost.

Ministers: As it was in the beginning, is now, and ever shall be : world without end. Amen.

Priest: I will go unto the altar of God.

Ministers: Even unto the God of my joy and gladness.

Priest: Our help is in the ♣ Name of the Lord.Ministers: Who hath made heaven and earth.

With hands joined, bowing, the priest says:

Priest: I confess to Almighty God, to blessed Mary the Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, my brothers and sisters, that I have

sinned exceedingly in thought, word, and deed, (striking the breast three times, the priest continues:) through my fault, through my most grievous fault. Therefore I beg blessed Mary the Virgin, blessed Michael the Archangel, blessed John Baptist, the holy Apostles Peter and Paul, all the Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Ministers: Almighty God have mercy upon thee, forgive thee thy sins, and bring thee to everlasting life.

Priest: Amen.

The priest the stands upright, and the Ministers repeat:

Ministers: I confess to Almighty God, to blessed Mary the Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to thee, Father, that I have sinned exceedingly in thought, word, and deed, (all strike their breast three times, saying:) through my fault, through my fault, through my most grievous fault. Therefore I beg blessed Mary the Virgin, blessed Michael the Archangel, blessed John Baptist, the holy Apostles Peter and Paul, all the Saints, and thee, Father, to pray for me to the Lord our God.

Priest: Almighty God have mercy upon you, forgive you your sins and bring you to everlasting life.

Ministers: Amen.

Priest: May the Almighty and Merciful Lord grant unto us pardon, ♣ absolution and remission of all our sins.

Ministers: Amen.

Priest: Wilt thou not turn again and quicken us, O Lord?

Ministers: That thy people may rejoice in thee.

Priest: O Lord, show thy mercy upon us. *Ministers:* **And grant us thy salvation.**

Priest: O Lord, hear my prayer.

Ministers: And let my cry come unto thee.

Priest: The Lord be with you. *Ministers:* **And with thy spirit.**

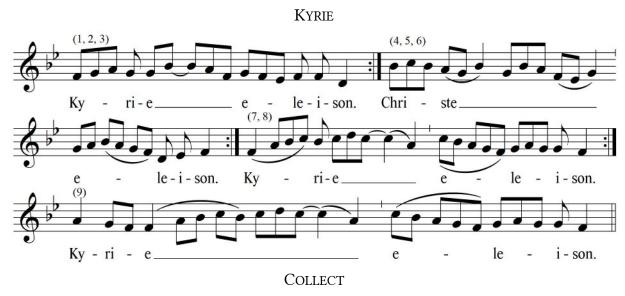
THE INTRODUCTORY RITES

Priest: Let us pray.

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy holy spirit, that we may perfectly love thee, and worthily magnify thy holy name: through Christ our Lord. Amen.

INTROIT

Ps. 96, 6. Glory and worship are before him: power and honour are in his sanctuary. Ps. ibid. 1. O sing unto the Lord a new song: sing unto the Lord, all the whole earth. \tilde{V} . Glory be. As it was. Repeat Glory and worship as far as the Psalm.



Priest: The Lord be with you. Response: And with thy spirit.

Let us pray. We beseech thee, O Lord, graciously to regard the devout prayers of thy people: that they who by abstinence do mortify the body, may by the fruit of good works be renewed in the spirit of their minds; through Jesus Christ, thy Son, our Lord, who liveth and reigneth with thee, in the unity of the Holy Ghost, God, throughout all ages, world without end. **Amen**.

THE LITURGY OF THE WORD

The Lesson from the prophet Ezekiel.

Ezek. 18. 1-9.

In those days: The word of the LORD came unto me again, saying, What mean ye, that ye use this proverb concerning the land of Israel, saying, The fathers have eaten sour grapes, and the children's teeth are set on edge? As I live, saith the Lord God, ye shall not have occasion any more to use this proverb in Israel. Behold, all souls are mine; as the soul of the father, so also the soul of the son is mine: the soul that sinneth, it shall die. But if a man be just, and do that which is lawful and right, And hath not eaten upon the mountains, neither hath lifted up his eyes to the idols of the house of Israel, neither hath defiled his neighbour's wife, neither hath come near to a menstruous woman, And hath not oppressed any, but hath restored to the debtor his pledge, hath spoiled none by violence, hath given his bread to the hungry, and hath covered the naked with a garment; He that hath not given forth upon usury, neither hath taken any increase, that hath withdrawn his hand from iniquity, hath executed true judgment between man and man, Hath walked in my statutes, and hath kept my judgments, to deal truly; he is just, he shall surely live, saith the Lord God.

Reader: The Word of the Lord. Response: **Thanks be to God**.

Gradual. Ps. 17, 8 and 2. Keep me, O Lord, as the apple of an eye: hide me under the shadow of thy wings. \tilde{V} . Let my sentence come forth from thy presence: and let thine eyes look upon the thing that is equal.

There is no Tract on the Feria.

GOSPEL

Reader: The Lord be with you. Response: And with thy spirit.

Reader: The beginning of the Holy Gospel according to Matthew.

Response: ★ Glory be to thee, O Lord.

Matt. 15, 21-28.

At that time: Jesus went thence, and departed into the coasts of Tyre and Sidon. And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou son of David; my daughter is grievously vexed with a devil. But he answered her not a word. And his disciples came and besought him, saying, Send her away; for she crieth after us. But he answered and said, I am not sent but unto the lost sheep of the house of Israel. Then came she and worshipped him, saying, Lord, help me. But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. And she said, Truth, Lord: yet the dogs eat of the crumbs which fall from their masters' table. Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour.

Reader: The Gospel of the Lord.
Response: Praise be to thee, O Christ.

A homily may be preached, or a pause for silent reflection observed.

THE INTERCESSION

The celebrant may introduce the prayers with these or similar words

Let us pray for the whole state of Christ's church.

The prayers may be offered by the celebrant or another

Almighty and Everlasting God, we beseech thee that thou accept these our offering together with our prayers.

We beg thee that thou wouldest breathe upon thy Catholic Church the spirit of truth and concord. Guard our King Charles, grant to us that we may be ruled under him as thou willest.

Heavenly Father, bless (*NN*.,) our Primate and bishop Geoffrey, and all who shepherd the souls of your people, that they may preach thy word by their teaching and by their pure way of life.

Give grace to all thy people that they may serve thee truly all their days. Also, help those in trouble, sorrow, sickness or any other need (*especially* ...).

We beg thee also bless us who are here making remembrance of the glorious death of thy Son, Christ our Lord. Amen.

And we give thee great thanks because thou hast shown us the power of thy grace in all thy Saints; especially in the glorious Blessed Virgin Mary, Mother of thy Son Jesus Christ our Lord and our God; and in the Holy Patriarchs, Prophets, Apostles and Martyrs, Mary Magdalene our Patron, (the saint of the day,) and all thy holy people. We beg thee, Lord, that we may follow them, their faith and their obedience, through Christ our Lord. Amen.

Again Lord, we desire mercy for all thy servants who have departed from the world in the faith, (*especially* ...). Do thou grant them, we beseech thee, of thy mercy and everlasting peace, and do thou bring them, together with us, at the day of resurrection to the glory of thy Son.

Grant us these things, Father, for the sake of him, Jesus Christ our only Mediator and Advocate. **Amen.**

THE LITURGY OF THE EUCHARIST

Offertory Chant. Ps. 34, 8-9. The Angel of the Lord tarrieth round about them that fear him, and delivereth them: O taste, and see, how gracious the Lord is.

Taking the paten with the bread, the priest says:

Taking the chalice, the priest says:

BLESSED art thou, O Lord, God of all creation, for of thy bounty have we received this bread which we offer unto thee, fruit of the earth and the work of human hands: whence it shall become for us the bread of life.

BLESSED art thou, O Lord, God of all creation, for of thy bounty have we received this wine which we offer unto thee, fruit of the vine and the work of human hands: whence it shall become for us our spiritual drink. *Response:* Blessed be God for ever.

Response: Blessed be God for ever.

After the Priest has prepared the bread and wine for the Communion, the people are invited to enter spiritually into the celebration,

Priest: Pray, brothers and sisters, that my sacrifice and yours

may be acceptable to God, the Father almighty.

Response: The Lord receive the sacrifice at thy hands,

to the praise and glory of his name, to our benefit, and that of all his holy Church.

The Priest says the Prayer over the Offerings,

We beseech thee, O Lord: that this sacrifice, which we offer in this time of fasting appointed for our healing, may effectually avail for the salvation of our souls; through Jesus Christ our Lord. **Amen.**

THE EUCHARISTIC PRAYER

Priest: The Lord be with you.Response: And with thy spirit.Priest: Lift up your hearts.

Response: We lift them up unto the Lord.

Priest: Let us give thanks unto our Lord God.

Response: It is meet and right so to do.

PREFACE OF LENT I

It is very meet and right, just and for salvation, that we should at all times and in all places give thanks unto thee: O Lord, holy Father, almighty everlasting God; who was in every way tempted like as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praise thee and saying:

Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

All glory be to thee, Almighty God, our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memory of that his precious death until his coming again;

Hear us, O merciful Father, we most humbly beseech thee, and with thy Holy and Life-giving Spirit vouchsafe to bless and sanctify both us and these thy gifts of Bread and Wine, that they may be unto us the Body and Blood of thy Son, our Saviour, Jesus Christ, to the end that we, receiving the same, may be strengthened and refreshed both in body and soul;

Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying,

Take, eat, this is my Body which is given for you; do this in remembrance of me.

Likewise after supper he took the Cup; and when he had given thanks, he gave it to them, saying,

Drink ye all of this;

for this is my Blood of the New Covenant, which is shed for you and for many for the remission of sins;

Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Lord and heavenly Father, we thy humble servants, having in remembrance the precious death and passion of thy dear Son, his mighty resurrection and glorious ascension, according to his holy institution, do celebrate, and set forth before thy Divine Majesty with these thy holy gifts, the memorial which he hath willed us to make, rendering unto thee most hearty thanks for the innumerable benefits which he hath procured unto us.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that all we, who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. **Amen**.

THE LORD'S PRAYER

Let us pray: As our Saviour Christ hath commanded and taught us, we are bold to say:

Our Father, which art in heaven, hallowed be thy Name: Thy kingdom come. Thy will be done, in earth as it is in heaven. Give us this day our daily bread: And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation. But deliver us from evil.

Deliver us, O Lord, we beseech thee, from all evils, past, present, and to come: and at the intercession of the blessed and glorious Virgin Mary, Mother of God, with thy blessed Apostles Peter and Paul, and with Andrew, and all the Saints, favourably grant peace in our days: that by the help of thine availing mercy we may ever both be free from sin and safe from all distress.



For thine is the king-dom, and the po-wer, and the glo-ry, for ev-er and ev-er. A-men.

Ord Jesu Christ, who saidst to thine Apostles, Peace I leave with you; my peace I give unto you: regard not our sins, but the faith of thy Church; and grant to her peace and unity according to thy will; who livest and reignest with the Father and the Holy Spirit, ever one God, world without end. Amen.

Priest: The peace of the Lord be always with you.

Response: And with thy spirit.

All may offer one another a sign of peace.

Taking the Host, the Priest says:

Priest: Christ our Passover is sacrificed for us.

Response: Therefore let us keep the feast.

While the bread is broken, Agnus Dei is said.

O Lamb of God, that takest away the sins of the world: have mercy upon us.

O Lamb of God, that takest away the sins of the world: have mercy upon us.

O Lamb of God, that takest away the sins of the world: grant us thy peace.

Then the priest, bowing profoundly, says with all who shall receive Communion:

PRAYER OF HUMBLE ACCESS

We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his Blood, that our sinful bodies may be made clean by his Body, and our souls washed through his most precious Blood, and that we may evermore dwell in him, and he in us. Amen.

The Priest genuflects, takes the Host and, turning to the people, says:

Priest: Behold the Lamb of God, behold him that taketh away the sins of the world.

Response: Lord, I am not worthy that thou shouldest come under my roof:

but speak the word only and my soul shall be healed.

The response is said three times, all striking their breast.

When the bell rings, all those who are to receive Holy Communion come forward.

Communion will be distributed in one kind only. Communicants should approach the celebrant in single file, maintaining physical distance, returning by the side aisles.

Those who are not able to receive the Blessed Sacrament are invited to unite themselves with Jesus by making the following Act of Spiritual Communion.

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you. Amen.

If the Communion Antiphon has not been recited, it is said here. Silence may be kept.

Communion Ant. John 6, 52. The bread that I will give is my flesh, which I will give for the life of the world.

Then the priest standing, and the people kneeling, the priest says:

ALMIGHTY and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are

also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Then the priest says the Postcommunion Prayer:

Let us pray.

O Lord, support us in this life with the abundance of thy gifts, and by the same renew us unto life everlasting; through Jesus Christ our Lord. **Amen.**

THE CONCLUDING RITES

PRAYER OVER THE PEOPLE

Priest: The Lord be with you. Response: And with thy spirit.

Priest: Humble your heads before God.

Grant, O Lord, we beseech thee, unto all Christian peoples: that they may both acknowledge the faith which they profess, and likewise love the heavenly gifts to which they continually draw near; through Jesus Christ our Lord. **Amen**.

And the blessing of God Almighty, ★ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

Priest: Let us bless the Lord. Response: **Thanks be to God**.

LAST GOSPEL

Priest: The Lord be with you. Response: And with thy spirit.

Priest: The beginning of the holy Gospel according to John.

Response: ♥ Glory be to thee, O Lord.

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him: and without him was not any thing made that was made: in him was life, and the life was the light of men: and the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light that lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the children of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (genuflect) And the Word was made flesh, (rise) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

Response: Thanks be to God.